

# Stay updated with Kii!

Are you ready to stay informed about the latest health and wellness tips, and mental health services offered by Kii Health? Follow these simple steps to subscribe to our e-communication and never miss an update!



## Why Subscribe?:

- ✓ Health & Wellness Resources: Get expert insights and practical tips on mental and physical well-being.
- ✓ **Program Updates**: Stay informed about new services and tools from Kii Health.
- ✓ Exclusive Content: Access articles and resources tailored to your health journey.

### How to Subscribe

Step 1: Visit Kii Health.

Go to www.kiihealth.ca or click on the URL provided by your organization.

#### **Step 2: Enter Your Information**

- Provide your First Name, Last Name, Phone number and Email Address.
- Select a password

### **Step 3: Confirm Your Subscription**

• Click the "please keep me up-to-date with Kii Health. I understand I can unsubscribe from these communications at any time". Click on register!

